



PERÚ

Ministerio  
de Salud



BICENTENARIO  
PERÚ 2021

# Practicar el diagnóstico de pacientes con trastornos por consumo de sustancias comunes, centrándose en el trastorno por consumo de alcohol y el trastorno por consumo de estimulantes, junto con el consumo de inhalantes y el consumo de marihuana

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Gobierno del Perú





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TEMA DE LA PRESENTACIÓN

## Fundamentos del diagnóstico

- Criterios diagnósticos amplios para el trastorno por consumo de sustancias: véase *DSM-V*
- Diferente epidemiología regional: lo que vemos en los EE. UU. es diferente de lo que vemos en Perú
- Enfoque en las presentaciones de mayor prevalencia:
  - Trastorno por consumo de alcohol
  - Trastorno por consumo de estimulantes
  - Consumo de inhalantes y marihuana



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## Diagnóstico: Trastorno por consumo de sustancias

### DSM V Diagnostic Criteria: Substance Use Disorder

*SEVERITY: 2-3: mild 4-5: moderate 6 or more: severe*

1. Taking the substance in larger amounts or for longer than you meant to.
  2. Wanting to cut down or stop using the substance but not managing to do so.
  3. Spending a lot of time getting, using, or recovering from use of the substance
  4. Cravings and urges to use the substance
  5. Not managing to do what you should at home, work, or school because of substance use
  6. Continuing to use, even when it causes problems in relationships
  7. Giving up important social, occupational, or recreational activities because of substance use
  8. Using substances again and again, even when it puts you in danger
  9. Continuing to use, even if you have a physical or psychological problem that could have been caused or made worse by the substance
  - \*10. Needing more of the substance to get the effect you want (tolerance)
  - \*11. Development of withdrawal symptoms, which can be relieved by taking more of the substance
- \*Criteria not met if taking prescribed drugs under supervision

## Diagnóstico: Trastorno por consumo de alcohol

- Trastorno por consumo de sustancias más prevalente
- Morbilidad y mortalidad considerables
- Manifestaciones fisiológicas y estigmas
- Abstinencia peligrosa/que amenaza la vida
- Cribado útil → diferenciar el TCA del consumo problemático

### AUDIT-C

*Please circle the answer that is correct for you.*

| 1. How often do you have a drink containing alcohol?                                      |                       |                               |                                 |                               | SCORE |
|-------------------------------------------------------------------------------------------|-----------------------|-------------------------------|---------------------------------|-------------------------------|-------|
| Never (0)                                                                                 | Monthly or less (1)   | Two to four times a month (2) | Two to three times per week (3) | Four or more times a week (4) | _____ |
| 2. How many drinks containing alcohol do you have on a typical day when you are drinking? |                       |                               |                                 |                               |       |
| 1 or 2 (0)                                                                                | 3 or 4 (1)            | 5 or 6 (2)                    | 7 to 9 (3)                      | 10 or more (4)                | _____ |
| 3. How often do you have six or more drinks on one occasion?                              |                       |                               |                                 |                               |       |
| Never (0)                                                                                 | Less than Monthly (1) | Monthly (2)                   | Two to three times per week (3) | Four or more times a week (4) | _____ |
| TOTAL SCORE                                                                               |                       |                               |                                 |                               |       |
| Add the number for each question to get your total score.                                 |                       |                               |                                 |                               | _____ |

Maximum score is 12. A score of  $\geq 4$  identifies 86% of men who report drinking above recommended levels or meets criteria for alcohol use disorders. A score of  $> 2$  identifies 84% of women who report hazardous drinking or alcohol use disorders.

## Diagnóstico: Trastorno por consumo de estimulantes

- Diferentes sustancias
- Trastorno por consumo de sustancias muy prevalente
- Morbilidad y mortalidad considerables
- Puede ser disociativo y alucinógeno
- Comportamiento desorganizado





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## Diagnóstico: Consumo de inhalantes

- Sin diagnóstico formal, cualquier consumo es problemático
- Barato, accesible
- Común entre los adolescentes/niños
- Típicamente, un depresor del SNC también puede ser un disociativo y alucinógeno
- Comportamiento desorganizado
- Efectos/deterioro cognitivo a largo plazo

### INHALANT PROFILE

#### Composition:

An Inhalant is any product that produces a chemical vapor and is inhaled.

#### Form:

Most inhalants are aerosolized although they do not have to be. Some users utilize a 'bag' to contain the chemical while abusing.

#### Schedule:

As it is not a medication, there is no schedule.

#### Effects:

Depends on chemical used, for many, it is a CNS depressant similar to alcohol.







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## TEMA DE LA PRESENTACIÓN

# Diagnóstico: Consumo de marihuana

- Aplicar criterios de TCS
- Muy prevalente, accesible y culturalmente normalizado, despenalización
- Diferenciar entre consumo, abuso y TCS
- Cuidado con la oferta adulterada

**Table DSM 5 criteria for cannabis use disorder severity**

- Used for longer periods in larger amounts
- Unable to cut down use
- Excessive time spent acquiring, using and recovering from cannabis use
- Strong urge to use cannabis
- Problems fulfilling work, school, and family obligations due to cannabis use
- Continued use despite persistent interpersonal problems caused by cannabis use
- Decrease in important social and recreational activities because of cannabis use
- Repeated use in physically dangerous situations
- Ongoing use despite worsening physical and psychological problems that are likely to have been caused by cannabis
- Have to use increased amount for the same desired effect
- Withdrawal reaction upon cessation

Mild: 2-3 symptoms; moderate: 4-5 symptoms; severe: ≥6 symptoms.

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# Gracias

Correo electrónico para consultas (opcional)



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